

An aerial view of Rio de Janeiro, Brazil, during sunset. The sky is a warm orange-red color. In the foreground, there is a dense urban area with many multi-story apartment buildings. A large bay is filled with numerous sailboats. In the background, there are mountains and a large, prominent rock formation. A yellow airplane icon is flying across the sky, leaving a white trail.

Rio de Janeiro **ITINERARY**

FREE RIO DE JANEIRO ITINERARY

Rio de Janeiro

ITINERARY

ARRIVAL:

DEPARTURE:

CITY HIGHLIGHTS **Morning**

Start your Rio de Janeiro Itinerary at the iconic **Christ the Redeemer**. See firsthand why millions of people travel from all over the world to see this 38-meter Art Deco statue in this Brazilian city.

Midday

Take a trip to **Tijuca National Park** nearby. Spot native and foreign animals, flora, and fauna in the park's lush forests.

💡 Tip: Plan a hiking expedition!

Afternoon

Head to the **Arpoador Rock** for stunning sunset views. Join everyone in applauding the spectacle of the sun setting. Try surfing if time allows.

Evening

Enjoy a lovely dinner at **Zazá Bistrô Tropical**. This laid-back, eclectic establishment serves delicious Moroccan and Asian dishes. Fill your stomach before calling it a day.

DAY 1

Christ the Redeemer



[Book Airport Transfer Options](#)



Dinner in Rio de Janeiro

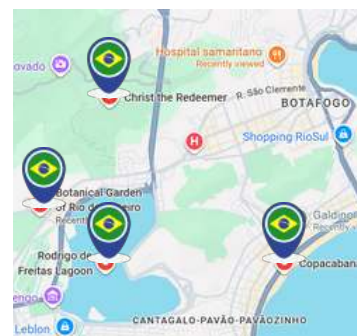
[Compare Guided Food Tours](#)



Tijuca National Park



Arpoador Rock



[Check on Google Map](#)

Tourteller

Compare Tours & Activities in One Place

NATURE & LEISURE

Morning

Take the cable car up the majestic **Sugarloaf Mountain**. Enjoy the contour of the mountains, the lush nature of the **Atlantic Forest**, and the city's stunning architecture.

Full Day

Spend the rest of your day relaxing at **Copacabana Beach**. Work on your tan, swim, or surf.

🌙 Evening: Visit the **Museum of Tomorrow**.

DAY 2

Sugarloaf Mountain



[Compare Sugarloaf Mountain Cable Car Tickets](#)



Copacabana Beach

VIBRANT NEIGHBORHOODS

Morning

Explore the colorful **Santa Teresa** neighborhood. Admire the old buildings, their colonial architecture, as well as the street art surrounding the area.

[Compare Santa Teresa Walking Tours](#)

Afternoon

Climb the beautiful **Selarón Steps** in Santa Teresa neighborhood. Admire this vibrant mosaic of over 2,000 ceramic tiles, mirrors, and fragments.

🍽️ Lunch at: **Bar do Mineiro**

Night

Explore **Lapa's** vibrant nightlife. Drink, dance, & party all night.

DAY 3

Santa Teresa



Selarón Steps



Lapa

[BOOK YOUR STAY IN RIO DE JANEIRO](#)

[Check on Google Map](#)

Tourteller

Compare Tours & Activities in One Place

JARDIM BOTÂNICO & IPANEMA BEACH

Morning

On your last day in Rio de Janeiro, visit the lush **Jardim Botânico**. It is a must-visit for florophiles and 'plant people' who can admire over 6,500 species of tropical, sub-tropical, & endangered plants. It is also an ideal destination for bird watching.



Compare Prices For Jardim Botânico Tickets

Midday

Spend the rest of your day relaxing at **Ipanema Beach**. Sunbathe, swim, play volleyballs, and drink cocktails.

☕ Visit *Hippie Market* for food and souvenirs.



Compare Surfing Activities in Ipanema Beach

Late Afternoon

Ride a bike on the **Rodrigo de Freitas Lagoon's** scenic route. Cycle a full circuit around the lagoon, which will take about an hour.

Evening

Enjoy a farewell dinner in the city before going to bed.

☀️ Next Day: Take a leave from **Rio de Janeiro** with a promise to return or spend an additional day in the city.



CUSTOMIZE YOUR ADVENTURE

DAY 4

Step-wise Itinerary



Jardim Botânico



Rio de Janeiro



Ipanema Beach



Rodrigo de Freitas Lagoon



DISCOVER MORE BRAZIL TRAVEL TIPS

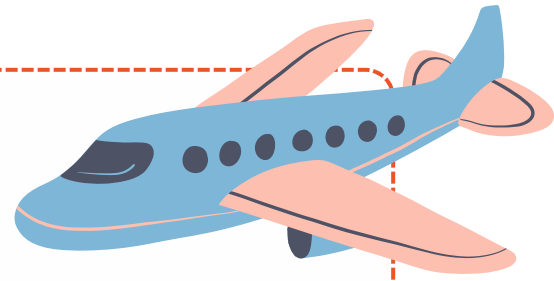
- [Comparison of Top OTAs on Rio de Janeiro Botanical Garden \(Jardim Botânico\) Tickets](#)
- [Best Comparison of Top Sao Paulo Football Tickets and Tours](#)



Tourteller

Compare Tours & Activities in One Place

Travel Check List



IMPORTANT DOCUMENT

- Passport
- Identification
- Travel Tickets
- Visa
- Money : Cash / Credit
- Travel Insurance
- Important contacts
- Travel guide / Maps
- Hotel Reservation



TOILETRIES

- Soap / Body Wash
- Shampoo
- Toothpaste
- Toothbrush / Floss
- Towel
- Sunscreen
- Deodorant
- Insect Repellent
- First-Aid Kit



ELECTRONICS

- Camera
- Charger
- Powerbank
- Travel Adapter
- Headphones
- Voltage Converter



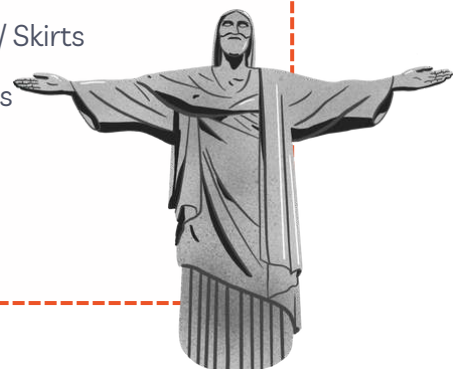
HYGIENE SUPPLIES

- Wet wipes
- Facial Masks
- Hand Sanitizer
- Tissue
- Feminine Products



CLOTHING

- Swimsuit
- Shorts / Jeans
- T-shirts / Tank Tops
- Dresses/ Skirts
- Sneakers
- Sarong



Emergencies

IN THE EVENT OF AN EMERGENCY, PLEASE CONTACT THE RELEVANT DEPARTMENT LISTED BELOW

- Military Police: 190 (hotline for reporting emergencies)
- SAMU: 192 (for free public ambulance for emergency care)
- Fire Department: 193
- Tourist Police: (21) 2332-2924, (21) 2332-2885

HOSPITALS WITH INTERNATIONAL CLINICS IN RIO DE JANEIRO

Hospital Copa D'Or

- Address: R. Figueiredo Magalhães, 875 - Térreo - Copacabana, Rio de Janeiro - RJ, 22031-011, Brazil
- Tel: +55 21 2545-3600
- Website: <https://www.rededorsaoluiz.com.br/hospital/copador>
- Hours: 24 hours
- Transportation: Take the public transportation, walk, or drive a car to reach Hospital Copa D'Or in R. Figueiredo Magalhães.

Hospital Samaritano

- Address: R. Bambina, 98 - Botafogo, Rio de Janeiro - RJ, 22251-050, Brazil
- Tel: +55 21 3444-1000
- Website: <https://www.hospitalsamaritano.com.br/>
- Hours: 24 hours
- Transportation: Bus no. 565, 691-693, 900, 991, and 2803 stop near Hospital Samaritano. Take the bus to Subprefeitura da Barra e Jacarepaguá and Av. Ayrton Senna or Mercado Do Produtor stop, then walk for 7 minutes.

Casa de Saúde São José

- Address: R. Macedo Sobrinho, 21 - Humaitá, Rio de Janeiro - RJ, 22271-080, Brazil
- Tel: +55 21 2538-7600
- Website: <https://redesantacatarina.org.br/hospital/saojose-rio>
- Hours: 24 hours
- Transportation: Take the 157 bus from Avenida Epitácio Pessoa | Acesso Lagoa - Metrô General Osório station to BRS 1 2 3 1 - Macedo Sobrinho station. Walk to Casa de Saúde São José.

Galdino Campos Clinic

- Address: Av. Nossa Sra. de Copacabana, 492 - Copacabana, Rio de Janeiro - RJ, 22010-121, Brazil
- Tel: +55 21 2548-9966
- Hours: 8 AM - 6 PM
- Website: <http://clinicagaldinocampos.com.br/>
- Transportation: Use public transportation, a taxi, or drive a car to Galdino Campos Clinic, which is in Copacabana.



Tourteller

Compare Tours & Activities in One Place