



# *Mexico City* **ITINERARY**

**FREE MEXICO CITY ITINERARY**

# Mexico City

# ITINERARY

ARRIVAL:

DEPARTURE:

## HISTORIC CENTER AND ZÓCALO

### Morning

Start your morning at the [Zócalo](#), the historic public square. Stroll through its streets, take in how locals live, and enjoy street performances. Don't forget to visit the Metropolitan Cathedral.

### Midday

Visit the [National Palace](#) of Mexico. It houses the offices for Mexico's president and the Ministry of Finance. Tour the palace and check out the infamous Diego Rivera murals.

### Afternoon

Stop by [Calle Madero](#) for a quick caffeine fix. You can also shop, stroll, and explore this pedestrian-only street.

Coffee At: [Café de Tacuba](#)

### Evening

Finally visit the [Templo Mayor Museum](#). These ruins are the testament to the grand Aztec empire.

Dinner At: [El Cardenal](#)

## DAY 1

### Zócalo



Book  
Airport Transfer  
Options



### Templo Mayor



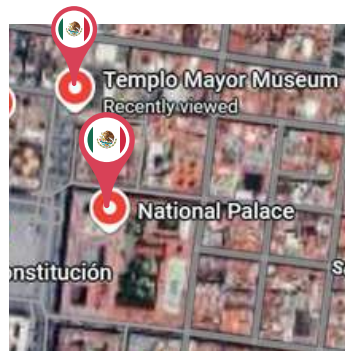
Compare  
Guided Food Tours



### National Palace



### Calle Madero



[Check on Google Map](#)

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## CHAPULTEPEC C PARK & MUSEUMS

### Morning

Begin your morning at [Chapultepec Park](#). Walk, jog, or ride a bike while enjoying the serene atmosphere. Head to the hilltop [Chapultepec Castle](#) to catch stunning city views.

### Full Day

Visit the [National Museum of Anthropology](#) to see ethnographic and archaeological artifacts.

🌙 Evening: Stop by the [Museum of Modern Art](#).



[Compare Chapultepec Park Bike Tours](#)

## DAY 2

### Chapultepec Park



**National Museum of Anthropology**

## COYOACÁN & FRIDA KAHLO

### Morning

Explore the charming [Coyoacán](#) neighborhood. Visit local attractions while enjoying Mexican popsicles.

🍦 Ice Cream At: [La Casa de los Helados](#)



[Compare Coyoacan Walking Tours](#)

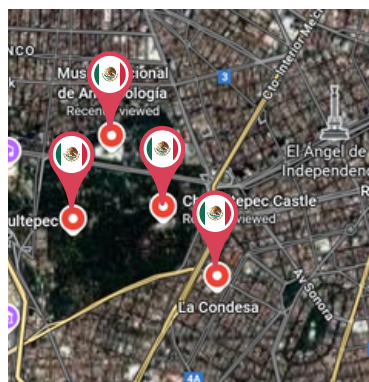
### Midday

Visit the [Frida Kahlo Museum](#), the private residence of renowned Mexican artist, Frida Kahlo. Admire her masterpieces and tour the rooms.

### Afternoon

Eat and drink your way through [Coyoacán](#) market. Don't forget to shop for souvenirs.

🌿 Evening: Relax at the [Jardín Centenario](#).



## DAY 3

### Coyoacán



**Frida Kahlo Museum**



**Food in Mexico City**



[BOOK YOUR STAY IN MEXICO CITY](#)

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## DAY TRIP OR NEIGHBORHOOD EXPLORATION

### Option 1

On your last day in Mexico City, you have two options to choose from. The first is to take a day trip to [Teotihuacan](#) Pyramids. It is only an hour-long drive from the city and is among the popular day tour options among visitors.

 [Compare Day Tour Options From Mexico City](#) ✨

### Things To Do

Visit the Pyramid of the Sun, the Pyramid of the Moon, and the Temple of Quetzalcoatl. Better yet, book a [hot air balloon ride](#) over the Teotihuacan for stunning views.

 [Compare Prices For Balloon Rides in Teotihuacan](#)

### Option 2

Explore local neighborhoods such as [Roma](#) or [Condesa](#). Both neighborhoods are renowned for cafes, street art, and [nightlife](#). Do the last-minute shopping if time allows.

 Brunch Stop: [Peltre](#)

### Evening

Take a leave from [Mexico City](#) with a promise to return.

Alternative: Spend an additional night in the city.



[CUSTOMIZE  
YOUR ADVENTURE](#)

# DAY 4

## Two Options



Teotihuacan Pyramids



Roma



Balloon Flights Over Teotihuacan



Nightlife in Mexico City



## DISCOVER MORE MEXICO TRAVEL TIPS

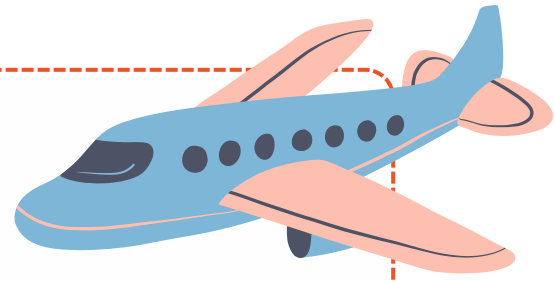
- [Best Things To Do In Mexico City](#)
- [Best Things To Do In Tulum, Mexico](#)
- [Best Time To Visit Cancun](#)
- [Xcaret Theme Park](#)



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# Travel Check List



## IMPORTANT DOCUMENT

- ☐ Passport
- ☐ Identification
- ☐ Travel Tickets
- ☐ Visa / FMM
- ☐ Money : Cash / Credit
- ☐ Travel Insurance
- ☐ Important contacts
- ☐ Travel guide / Maps
- ☐ Hotel Reservation



## TOILETRIES

- ☐ Soap / Body Wash
- ☐ Shampoo
- ☐ Toothpaste
- ☐ Toothbrush / Floss
- ☐ Towel
- ☐ Sunscreen
- ☐ Deodorant
- ☐ Insect Repellent
- ☐ First-Aid Kit



## ELECTRONICS

- ☐ Camera
- ☐ Charger
- ☐ Powerbank
- ☐ Dual Voltage Devices
- ☐ Headphones
- ☐ Converter



## HYGIENE SUPPLIES

- ☐ Wet wipes
- ☐ Facial Masks
- ☐ Hand Sanitizer
- ☐ Tissue
- ☐ Feminine Products



## CLOTHING

- ☐ Swimsuit
- ☐ Light Jacket
- ☐ Shirts / Blouses
- ☐ Dresses/ Skirts
- ☐ Sneakers
- ☐ Shawl



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# Emergencies



## IN THE EVENT OF AN EMERGENCY, PLEASE CONTACT THE RELEVANT DEPARTMENT LISTED BELOW

- Emergencies: 911 (for police, fire, and ambulance)
- Tourist Police: (0052) 55 5207 4155
- Information and Help Line: 55 5658 1111 (for non-emergency situations)
- Tourist Assistance Hotline: 5552867097 or 5552869077



## HOSPITALS WITH INTERNATIONAL CLINICS IN MEXICO CITY

- Hospital Médica Sur
  - Address: Puente de Piedra 150, Toriello Guerra, Tlalpan, 14050 Ciudad de México, CDMX, Mexico
  - Tel: +52 55 5424 7200
  - Website: <https://www.medicasur.com.mx/>
  - Hours: 24 hours
  - Transportation: Use the Mexico City Metro, buses, or request a pickup from Hospital Médica Sur.
- Centro Médico ABC
  - Address: Av. Carlos Graef Fernández 154, Santa Fe, Cuajimalpa de Morelos, 05300 Ciudad de México, CDMX, Mexico
  - Tel: +52 55 1103 1600
  - Website: <https://centromedicoabc.com/>
  - Hours: 24 hours
  - Transportation: To reach the Centro Médico ABC in Santa Fe Campus, refer to the campus's address or use GPS navigation to its location on Av. Carlos Graef Fernández..
- Hospital Santa Rosa
  - Address: C/ Siete 104, Agrícola Pantitlán, Iztacalco, 08100 Ciudad de México, CDMX, Mexico
  - Tel: +52 55 5558 8393
  - Website: <http://hospitalsantarosa.mx/>
  - Hours: 24 hours
  - Transportation: Take the Metro lines 9, A, 1, or 5 to reach the nearest metro station to the Hospital Santa Rosa.
- Medica San Luis
  - Address: San Luis Potosí 122, Roma Nte., Cuauhtémoc, 06700 Ciudad de México, CDMX, Mexico
  - Tel: +52 55 1054 6790
  - Hours: 24 hours
  - Website: <https://hospitalesintegra.com/>
  - Transportation: Use a ride-sharing service, such as Uber, or a taxi to reach Medica San Luis. Walking and taking the bus are also other options.



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