

A vibrant tropical beach scene. In the foreground, a sandy beach curves along the left side, meeting the turquoise water. Several palm trees are scattered along the shoreline, with one large palm tree prominently in the upper left. The water is a clear, bright turquoise color, and a small white boat is visible in the distance on the right. The sky is a deep blue with scattered white clouds. The text 'Punta Cana' is written in a large, white, cursive font across the upper middle, and 'ITINERARY' is written in a large, white, bold, sans-serif font below it.

Punta Cana ITINERARY

FREE PUNTA CANA ITINERARY

Punta Cana ITINERARY

ARRIVAL:

DEPARTURE:

ARRIVAL AND RELAXATION

Morning

You will first land at **Punta Cana International Airport** and take a taxi to your hotel. Check in and freshen up at your room. You can also sleep the jet lag away to ensure you re-energize for an exciting day ahead.

Middday

After sleeping off the jet lag, hit Punta Cana's most-visit beach, **Playa Bavaro**. It is renowned for its miles of white sand and turquoise waters.



[Compare Water Activities](#)

DAY 1

Bavaro Beach



Punta Cana



Beachfront Dinner

Afternoon

You will spend your entire afternoon at Bavaro Beach. Sunbathe, swim, or indulge in exciting water activities.

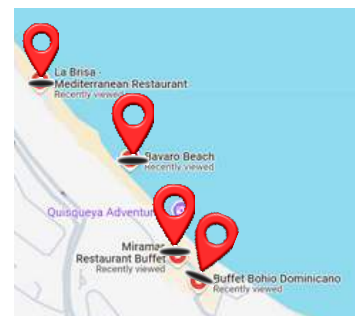


Sunset in Punta Cana

[BOOK TICKET](#)

Evening

After catching a stunning sunset from the beach, stop by a beachfront restaurant for a memorable dining experience. You can also go to your hotel for dinner.



[Check on Google Map](#)

ADVENTURE AND NATURE

Full Day

Take a day trip to the beautiful [Saona Island](#). It is easily accessible from Punta Cana and guarantees an exciting trip with the sun and ocean.

Alternative

If you want to travel to somewhere closer, the [Catalina Island](#) is your destination. It is known for its diverse wildlife, making it an excellent snorkeling and scuba diving location.



[Compare](#) ✨
[Saona Island Day Trips](#)

DAY 2

Saona Island



Catalina Island

FUN ACTIVITIES

Morning

Visit Punta Cana's hidden gem, [Monkeyland](#) early in the morning. It houses friendly squirrel monkeys who enjoy being petted and fed.



[Feed Adorable Monkeys At Monkeyland](#)

Afternoon

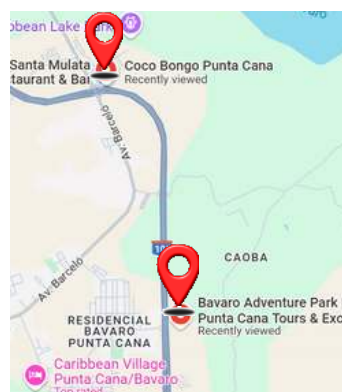
Get ready for a thrilling adventure at [Bavaro Adventure Park](#). It features ziplines, buggy rides, horseback riding, and Splash of Emotions.

Evening

Head out for an epic nightlife experience at [Coco Bongo Punta Cana](#). Watch Samba performances and various live shows before calling it a day.



Monkeyland



[Check on Google Map](#)

DAY 3

Fun Day



Bavaro Adventure Park



Coco Bongo Punta Cana



[BOOK YOUR STAY
IN PUNTA CANA](#)

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[Compare Tours & Activities in One Place](#)

CHOOSE
YOUR
ADVENTURE

Thrill Seekers

Enjoy an adventurous day at [La Hacienda Park](#). It guarantees adrenaline rush with its seven fantastic activities.

 [La Hacienda Park Tickets](#) ✨

Fun Enthusiast

Experience a cool day at [El Dorado Water Park](#), offering thrilling slides, serene pools, lounge areas, and 5 restaurants.

BOOK TICKET 



El Dorado Water Park

Outdoor Lovers

Go hiking to the lush [National Park of the East](#) (Parque Nacional del Este). It is also an ideal birdwatching destination for bird and wildlife lovers.



La Hacienda Park



National Park of the East

OPTIONAL
ACTIVITIES OR
STEP-WISE
ITINERARY

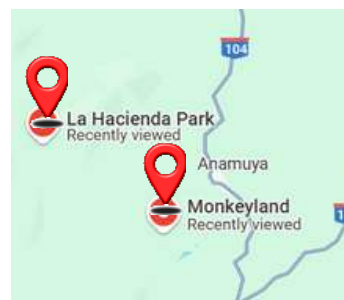
Day

Use this day for any activities you want to do in Punta Cana. You can visit picturesque beaches and spend this last day lounging under the sun. You can also try thrilling water activities, such as scuba-diving, snorkeling, parasailing, and catamaran cruises. If you want an half-day activity, [Marinarium Snorkeling Cruise](#) is a must-do, which includes hotel pickup and drop-off, drinks, and a cruise in glass-bottom catamaran.

DAY 5

Marinarium

BOOK NOW 



Snorkeling in Punta Cana

[Check on Google Map](#)

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RELAXATION AND DEPARTURE

Morning

On your last day in Punta Cana, sleep in for a few hours more. After waking up, enjoy a hearty tropical breakfast at your hotel or a local restaurant. Eat well so you will have energy to cover the remaining island attractions.

Midday

After having a meal, visit the infamous **Playa Macao**. This beach is known for its fine-grained white sand and crystal clear waters. Sunbathe, swim, or try surfing in the sea's consistent waves. You can even have a picnic with your loved ones.

Afternoon

Later, explore local markets for last-minute shopping. Buy local specialties, such as Dominican cigars, rum, faceless dolls, coffee, amber jewelry, Taino statues, and local paintings to bring back home as souvenirs.

Evening

Prepare for departure or enjoy one last night out in [Punta Cana](#).

DAY 5

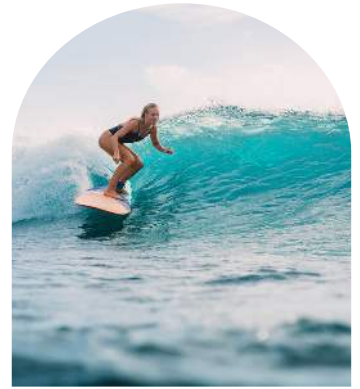
Step-Wise Itinerary



Playa Macao



Punta Cana



Playa Macao Surfing



Dominican Rum



DISCOVER MORE PUNTA CANA TRAVEL TIPS

- [Things to Do in Punta Cana](#)
- [Things to Do in the Dominican Republic](#)

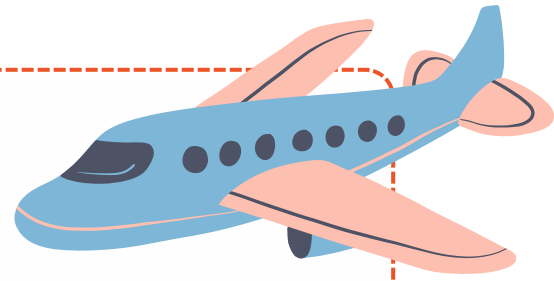


**CUSTOMIZE
YOUR ADVENTURE**

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Travel Check List



IMPORTANT DOCUMENT

- ☐ Passport
- ☐ Identification
- ☐ Travel Tickets
- ☐ Proof of financial means
- ☐ Money : Cash / Credit
- ☐ Yellow Fever Vaccination (if applicable)
- ☐ Important contacts
- ☐ Travel guide / Maps
- ☐ Hotel Reservation



TOILETRIES

- ☐ Soap / Body Wash
- ☐ Shampoo
- ☐ Toothpaste
- ☐ Toothbrush
- ☐ Towel
- ☐ Sunscreen
- ☐ Deodorant
- ☐ Floss
- ☐ Baby Powder



ELECTRONICS

- ☐ Camera
- ☐ Charger
- ☐ Powerbank
- ☐ Surge Protector
- ☐ Headphones
- ☐ Travel Adapter



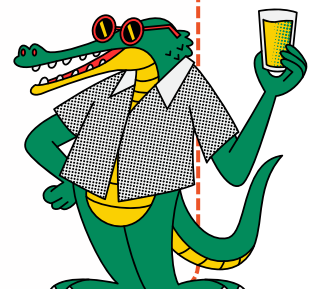
HYGIENE SUPPLIES

- ☐ Wet wipes
- ☐ Facial Masks
- ☐ Hand Sanitizer
- ☐ Tissue
- ☐ Feminine Products



CLOTHING

- ☐ Swimwear
- ☐ Hats
- ☐ Sunglasses
- ☐ Shorts / Skirts
- ☐ Flip-flops
- ☐ Cover-ups



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Emergencies



IN THE EVENT OF AN EMERGENCY, PLEASE CONTACT THE RELEVANT DEPARTMENT LISTED BELOW

- Police Department: 809-686-8227 (for theft, assault, and other crimes)
- Emergencies: 911
- Tourist Police (POLITUR): +1-809-200-3500
- Non-Emergency Fire Department Number: +1 809-455-2121



HOSPITALS WITH INTERNATIONAL CLINICS

- Centro Médico Punta Cana
 - Address: Av. España No.1, Punta Cana 23000, Dominican Republic
 - Tel: (809) 552-1506
 - Email: info@gruporescue.com
 - Website: <http://www.centromedicopuntacana.com/>
 - Hours: 24 hours
 - Transportation: Take a bus, taxi, Uber, or public transport to the Centro Medico Punta Cana.
- Hospiten Bavaro
 - Address: Carretera Verón - Punta Cana,106, Punta Cana 23000, Dominican Republic
 - Tel: +1 809-686-1414
 - Website: <https://hospiten.com/>
 - Email: HOSPITEN@HOSPITEN.COM
 - Hours: 24 hours
 - Transportation: First reach Bavaro, then take a taxi, bus, or rent a car to reach Hospiten Bavaro.
- Hospital IMG Punta Cana
 - Address: Boulevard 1, Punta Cana 23000, Dominican Republic
 - Tel: +1 849-268-7911
 - Website: <https://www.img.hospital/>
 - Hours: Monday-Friday: 9 AM - 5 PM, Saturday: 9 AM - 12 PM
 - Transportation: Travel by taxi, car, or public transport to reach the Hospital IMG Punta Cana.
- Hospiturs International Clinic
 - Address: Av. Estados Unidos 21, Punta Cana 23000, Dominican Republic
 - Tel: +1 809-468-4018
 - Hours: 24 hours
 - Website: <https://hospiturs.net/>
 - Transportation: Travel to the Plaza Boulevard Center or enjoy house calls.



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