



TOKYO



ITINERARY

FREE TOKYO ITINERARY

Tokyo ITINERARY

ARRIVAL:

DEPARTURE:

DAY 1

THE WEST SIDE

Morning

Start your morning at the historic **Meiji Shrine**. This gorgeous temple is surrounded by lush forests, offering a serene feeling and tranquility.



Meiji Jingu

Mid-day

After a religious start to the day, head to **Harajuku**, the top destination among youths. It is renowned for its street fashion and kawaii culture.

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Afternoon

Get ready for a luxury shopping in **Omotesando**. This street is filled with haute couture shops and boutiques. You can buy the latest and trendy fashion items here.



Omotesando

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Evening

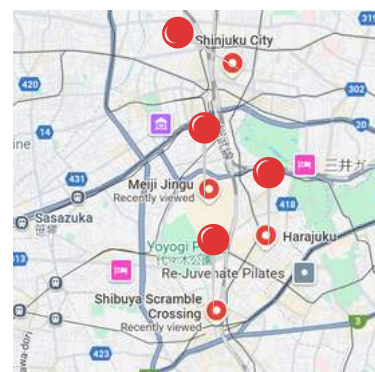
Cross the infamous **Shibuya Crossing** before calling it a day. The world's busiest pedestrian crossing sees an average of 2.4 million people crossing the intersection every day. Head to your hotel or experience nightlife in **Shinjuku**.



Harajuku



Shibuya Crossing



[Check on Google Map](#)

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DAY 2

THE EAST SIDE

Morning

Begin your second day in Tokyo with a piping hot breakfast at [Tsukiji Fish Market](#)'s restaurants. Try the area's seafood as it specializes in them. You can also shop for fish, sashimi, and sushi at wholesale rates.

Afternoon

Next, visit Tokyo's oldest shrine, [Sensō-ji Temple](#) in [Asakusa](#). This temple is a sight to behold and features ten places to visit, including halls, gates, a garden, and a pagoda temple.

Evening

Spend your remainder of the day by visiting [Ueno Park](#) and [Yanaka Neighborhood](#). Then, climb [Tokyo Skytree](#) to catch panoramic Tokyo night views.



Tsukiji Fish Market

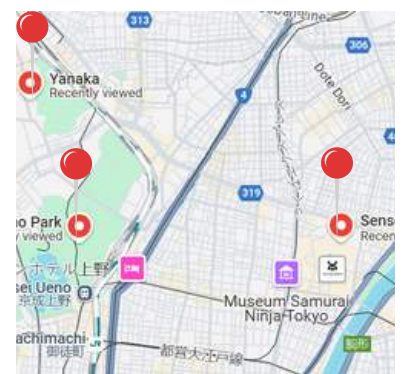
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Sensō-ji Temple



Ueno Park



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DAY 3

DAY TRIPS TO NEIGHBORING CITIES

Full day

Dedicate your third day in Tokyo to the magnificent [Mt. Fuji](#). It is only 100 km from Tokyo and is easily accessible by bus or train. Spend your day hiking or exploring this gorgeous mountain. You can also visit the nearby [Hakone](#), where you can soak in hot springs, visit shrines, and enjoy nature walks. You can also ride the [Hakone Ropeway](#).



Mt. Fuji

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DAY 3

ALTERNATIVE ACTIVITIES

Spiritual Retreats

If you are into spirituality or seeking a serene place, visit **Nikko's Toshogu Shrine**. This 17th-century temple is located in a peaceful environment with lush forests as a backdrop.



Toshogu Shrine

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Fun Lovers

Spend a day at the iconic **Tokyo DisneySea**. It primarily caters to adult audience with its themed areas, thrilling rides, and restaurants. Eight themed "ports of call" offer immersive experiences.



Tokyo DisneySea

Families

There is no better place than **Tokyo Disneyland** for families. It has seven themed lands, including World Bazaar, Tomorrowland, Toontown, Fantasyland, Critter Country, Westernland, and Adventureland.



Tokyo Disneyland

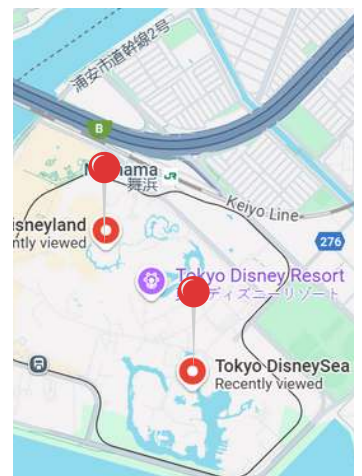
[BOOK NOW >>](#)

Fantasy Lovers

Visitors interested in samurais, ninjas, and princesses should visit the **Edo Wonderland**. It features a realistic Edo Town from decades ago.



Edo Wonderland



[Check on Google Map](#)

QUICK TIPS

- [Best Things To Do In Tokyo](#)
- [Top Romantic Restaurants in Tokyo](#)
- [Top Hotels to Stay in Tokyo with Family](#)
- [Day Trips From Tokyo](#)
- [Non-Touristy Things To Do In Tokyo](#)

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DAY 4

TOKYO HIGHLIGHTS

Morning

Rise and shine early for your last day in [Tokyo](#). Your first destination is the impressive [Imperial Palace](#). This historic landmark is tucked away behind thick stone walls and moats in central Tokyo.



Imperial Palace

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[BOOK NOW](#) >>



Ginza

Midday

Do a last-minute shopping at Japan's premier shopping district, [Ginza](#). This neighborhood has everything from upmarket boutiques to department stores and luxurious shops.



Roppongi

Afternoon

Before leaving the city, visit its infamous [Tokyo Tower](#). This 333-meter tower was once the tallest tower in Japan before Tokyo Skytree claimed this title in 2012. Catch panoramic views of what you have visited so far from the top.



Tokyo Tower

[BOOK NOW](#) >>

Evening

Head to the airport for your departure or spend one last night to experience [Roppongi](#)'s vibrant nightlife.



[Check on Google Map](#)



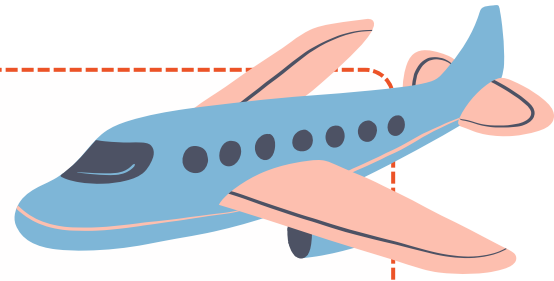
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Travel Check List



IMPORTANT DOCUMENT

- Passport
- Identification
- Travel Tickets
- Travel documents / Visa (if applicable)
- Money : Cash / Credit
- Driver's License (if required)
- Important contacts
- Travel guide / Maps
- Hotel Reservation



TOILETRIES

- Soap / Bodywash
- Shampoo
- Toothpaste
- Toothbrush
- Towel
- Sunscreen
- Deodorant
- Conditioner
- Medication



ELECTRONICS

- Camera
- Universal Charger
- Portable Power Bank
- Travel SIM Card
- Headphones
- Travel Adapter



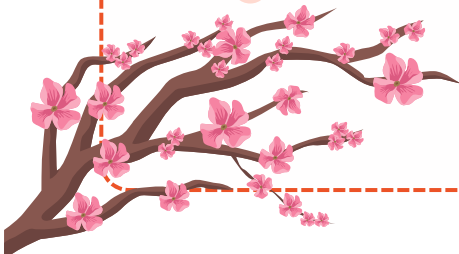
HYGIENE SUPPLIES

- Wet wipes
- Facial Masks
- Hand Sanitizer
- Tissue
- Feminine Products



CLOTHING

- Breathable clothing
- Lightweight Pants
- Skirts / Dresses
- Waterproof Jackets
- Socks
- Comfortable Footwear



Emergencies



IN THE EVENT OF AN EMERGENCY, PLEASE CONTACT THE RELEVANT DEPARTMENT LISTED BELOW

- Police: 110 (for emergency services requiring police's assistance)
- Fire or Medical Emergencies: 119 (for fire, illness, or injury)
- Police Consultation in English: 03-3503-8484
- Disaster Line: 171 (for earthquakes)



HOSPITALS WITH INTERNATIONAL CLINICS

- St. Luke's International Hospital
 - Address: 9-1 Akashicho, Chuo City, Tokyo 104-8560, Japan
 - Tel: +81 3-3541-5151
 - Website: <https://hospital.luke.ac.jp/>
 - Hours: Weekdays: 8:30 AM - 11 AM; weekends: 11 AM - 1 PM
 - Transportation: Take the Hibiya Line and get off at Tsukiji Station. Then, take Exit 3 or 4 and walk straight along Seiruka Dori St.
- International Health Care Clinic
 - Address: Sueyoshi Bldg. 3F, 2-10-5 Shimbashi, Minato-ku, Tokyo, 105-0004, Japan
 - Tel: +81 3501-1330
 - Website: <https://www.ihc-clinic.jp/en/>
 - Email: yoyaku@ihc-clinic.jp
 - Hours: 10 AM - 1 PM, 3:30 PM - 6:30 PM
 - Transportation: Take a taxi or subway. The nearest subway station is Wakamatsu-Kawada on the Oedo Line.
- NTT Medical Center Tokyo
 - Address: 5 Chome-9-22 Higashigotanda, Shinagawa City, Tokyo 141-8625, Japan
 - Tel: +81 3-3448-6111
 - Website: <https://www.nmct.ntt-east.co.jp/>
 - Hours: 8:30 AM - 11 AM, 1 PM - 3 PM
 - Transportation: Take the JR Yamanote Line or Ikegami Line to Gotanda Station, then walk for seven minutes to the NTT Medical Center Tokyo.
- Tokyo Midtown Clinic
 - Address: Midtown Tower 6F, Akasaka 9-7-1, Minato-ku, Tokyo (Inside Tokyo Midtown)
 - Tel: +81 3-5413-0080
 - Website: <https://www.tokyomidtown-mc.jp/>
 - Hours: 9 AM - 12:30 PM, 2 PM - 5:30 PM
 - Transportation: Take the Tokyo Metro Chiyoda Line to Nogizaka Station, then take Exit 3 and walk for seven minutes to the Tokyo Midtown Clinic.

